



The Mental Capacity Act (2005)

# THE 5 PRINCIPLES

1

**You must always assume capacity until it is proved otherwise**

2

**Always consider the least restrictive options when making decisions**

3

**A person is allowed to make an unwise decision**

4

**Should someone lack capacity, you should always act in their best interests**

5

**You must always take all practical steps to enable the person to make their own decision**

**nelliesupports.com**  
**0333 987 5118**

